

Rollin' On

A GARNER TRANSPORTATION GROUP
PUBLICATION FOR ASSOCIATES & FRIENDS

JANUARY 2017



MISSION STATEMENT

Garner is a highly skilled network of professional drivers and staff who have made the commitment to exceed customer expectations.

Celebrations for January

<u>Happy Birthday</u>	<u>Years of Service</u>
1/1 Melanie St. Clair	<u>1 Year</u> Robert Downing
1/3 Ashley Zimmerman	Chris Stiles Audrey Wingate
1/5 Jill Bloom Adam Branam Gauge Chrulski	<u>2 Years</u> Justin Conrad Jenny Schaub
1/6 Jean Garner	Nathan Tucker
1/10 Brent Palmer	<u>3 Years</u> Dan Beasley
1/11 Scott Beard	Adam Branam Ed Stevens
1/17 Neil Chrulski	<u>4 Years</u> Tom Hagans
1/19 Dennis Dean	<u>5 Years</u> Ed McKinley
1/22 Don Fagan	
1/26 Kimberlee Fredritz	<u>26 Years</u> Jon Foust
1/27 Robert Wilson	

Happy Anniversary

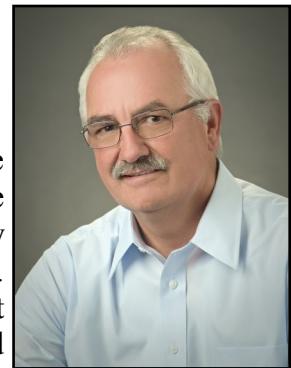
1/19 M/M James Husted



If you see we have missed your celebration, please forgive us and contact the office to help us make the correction.

SAFETY 2016 Year in Review

Well my predictions from last year were 100% correct. I predicted I would have less hair, what's left would turn totally grey and finally I would be a year older. Wish I was that good at knowing what would happen in regards to safety and the ever changing regulations that are being forced upon you the drivers and also the companies.



Here's what happening in the world of DOT/FMCSA (Federal Motor Carrier Safety Administration). On December 2, 2016 FMCSA announced the final rule to establish a Drug & Alcohol National Clearing House for commercial drivers. This requires motor carriers, medical review officers, third party administrators and substance abuse professional (SAP) to report information for drivers who: Test Positive for Drugs or Alcohol, Refuse to test for either, or undergo a SAP program. Motor carriers will be required to annually check this clearing house for current employee's and pre-employment applications for violations.

FMCSA released the final rules regarding HOS (Hours of Service) on December 2, 2016 and President Obama signed it on December 10, 2016. This permanently removes the requirements on the issue of a mandatory 1am to 5am period. This also removes the once a week restart provision requirement. This was great news for the drivers and trucking industry.

FMCSA Medical Review Board has formally recommended the following conditional criteria for drivers for sleep apnea testing.

Drivers would be subject to testing if they have three (3) of the following qualifiers:

1. Older than 42
2. Male or postmenopausal Female
3. History of high blood pressure or diabetes
4. Neck size greater than 17 inches for Males or 15.5 inches for Females
5. Has a history of Heart Disease

(Continued on page 3)



Report for Dec 3 through Dec 23, 2016	LOADS	LATE	ON TIME %
Roehl Transport, Inc (Van)	1	0	100.00%
SUSE - Super Service	3	0	100.00%
Crete Carrier Corp	11	0	100.00%
Cardinal Dedicated Super Fleet	16	0	100.00%
Hyway Trucking	27	0	100.00%
Hall Brothers	94	0	100.00%
Spader Freight Services	115	0	100.00%
Garner Trucking	189	0	100.00%
Roehl Dedicated	279	0	100.00%
Cardinal Freight Carriers	434	1	99.77%
	1169	1	99.91%

SAFETY PROCEDURES BENEFIT EVERYONE!**Inspection Selection System: 29**

Our ISS Score indicates "PASS"

BASICs OVERVIEW

Based on a 24-month record ending November 25, 2016

	G TG Rating	Trend	Thresholds
Unsafe Driving	17%	↓4%	65%
Fatigued Driving (HOS)	0% (no violations in last 12 months)	No change	65%
Driver Fitness	0%		80%
Controlled Substances and Alcohol	0%		80%
Vehicle Maintenance	23%	↓1%	80%
Cargo-Related	No Violations		80%
Crash Indicator	Not Available		65%

Clean Inspection**Congratulations!***Mike Grimes**James Iavarone**Chris Stiles**Charlie Montgomery**Hubert Jessee***Safety & Performance Bonus Review**
THINK SAFETY!

Month	Sept-16	Oct-16	Nov-16
Total Drivers	97	100	106
Warning/Citations	0	0	0
Stability Control	0	0	0
Hard Brakes	0	0	0
Fuel Solutions	0	0	0
Preventable Accidents	0	7	0
Late Loads	1	5	2
% Receiving Bonus*	86.6%	79%	84%
Total Bonus Paid Out	\$14,924.05	\$12,807.89	\$11,824.78

* The % total reflects the actual drivers who are paid their Safety & Performance Bonus. The incident numbers reflect only those drivers who have lost their bonus beginning the month indicated.

Welcome Aboard



Kenneth Allen
2624



David Haupt
2704 Trainee



Robert Wilson
2642



Seth Yoder
2645

(Continued from page 1)

6. Snores loudly
7. Has witnessed apneas
8. Has a small airway
9. Has untreated hypothyroidism (under active thyroid gland)
10. Has Micrognathia or Retrognathia (under size jaw and both jaws recede).

I don't think all this will be included in the final rule but parts of it will. This is not good for anyone since it basically requires everyone to have a sleep study.

FMSCA also is continuing to push for a standard speed limiter rule. If it happens I assume it would be set at 65 MPH as most consider this as an acceptable range.

"NOW" for the good news. I will send out a message to schedule your favorite meeting with Safety. As a reminder this year, everyone MUST have their "One-on-One Safety Review" complete without exception. Our insurance company requires this and will be auditing the reviews for compliance. Other good news is that under FMCSA (CSA) BASICS we did improve in a couple categories. *Lane violations, Following Too Close and Speeding* violations have reduced along with *Vehicle Maintenance* scores. The vehicle scores indicate better Pre- & Post-trip Inspections and the shops at both Findlay and Gibsonburg doing a great job of service on our equipment. Garner paid out (47) \$75.00 dollar bonuses totaling \$3,525.00 for clean DOT Inspections. Fantastic Job! I thank you for taking **PRIDE** and caring for the equipment.

Please make 2017 the "Best Year" Garner Trucking has ever had by always operating in a professional and safe manner.

Thank you,

Jim Newsome
Director of Safety & Risk Management

EXERCISES TRUCKERS CAN DO IN THEIR VEHICLE

- 1) HAND STRETCH
- 2) ABDOMINAL CRUNCH
- 3) PLANKS
- 4) SHOULDER SHRUGS



HERE'S TO A HEALTHY NEW YEAR

Atta Boy



In December Garner arranged to travel to Connecticut to pick up rare furniture that belonged to Hardie Gramatky, a famous artist and illustrator from California. The furniture was donated to be displayed at the Mazza Museum at the University of Findlay.

It's always encouraging to hear newer drivers getting recognition for going above and beyond. The driver was Joseph Shropshire. The furniture donors had nothing but good things to say about Joe and his professional attitude

"We think that Joe Shropshire is a fabulous employee, Tim. He is so bright and figured out a very difficult problem (how to secure the desk, taboret cabinet and chair in a cavernous empty HUGE tractor trailer). We appreciated that he really was focused on keeping these treasures safe."

Thank you, Joe, for being a great example of Garner PRIDE.

CHILI COOK-OFF

Garner will be sponsoring a team for the 20th Annual Cancer Patient Services Chili cook-off in Findlay, February 11th, 2017. AND we want the award winning chili!!!

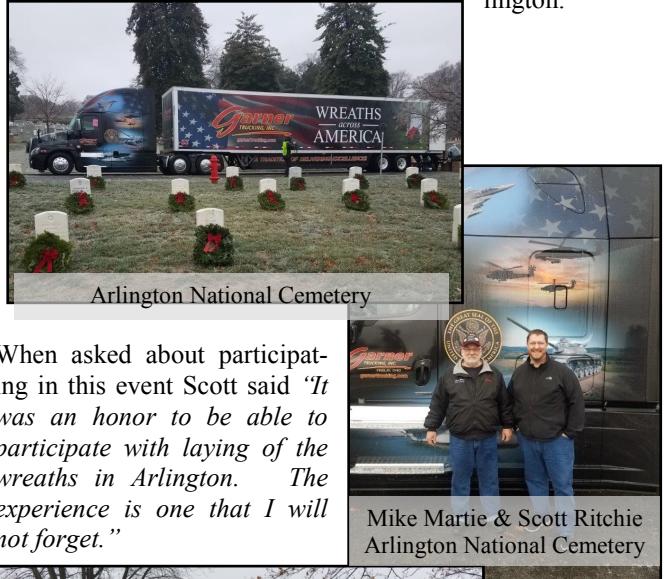
If you think you have an award winning chili, plan on spending Saturday January 21st in competition. Bring your best recipe to share and we will take votes on whose chili we will enter for Garner. We will meet at Sherri's new home, time TBD.



If you are interested in attending, let Jenny in the main office know by Friday January 13.

Wreaths Across America

On Saturday December 17th, Garner once again participated in the National Wreaths Across America event, delivering wreaths to lay at Arlington National Cemetery. 2015 Driver of the Year, Mike Martie had the privilege of travelling to Maine to pick up the wreaths and transporting them to Arlington.



When asked about participating in this event Scott said *"It was an honor to be able to participate with laying of the wreaths in Arlington. The experience is one that I will not forget."*



Maple Grove Cemetery
Findlay, Ohio

For the first time, Garner also participated in bringing Wreaths Across America to Findlay.

Coordinated by Jon Brumbaugh, for his Eagle Scout project, Garner delivered wreaths to lay at Maple Grove Cemetery. Garner staff, local dignitaries and the Findlay community participated by laying wreaths on veteran graves.



Left to right: Nichole Coleman, Director Hancock County Veterans Services, Pastor Mark of Findlay St. Mark's Church, Findlay Mayor Lydia Mihalik, OH Senator Cliff Hite, Jon Brumbaugh, Gary Smith 2015 Garner Driver of the Year , OH State Rep Robert Sprague, Deb Wickerham, Hon- or Flight Director / Eagle Project Mentor

ACA News: Federal government extends Individual 2016 reporting deadline

The federal government has extended the Affordable Care Act (ACA or health care reform law) reporting deadlines to give employers more time to meet the requirements.

Previously, employers who provided self-funded coverage had until the end of January 2017 to send a statement — **tax form 1095-C** — with parts I, II and III completed — to all employees eligible for coverage in 2016. With the extension, employers now have until **March 2** to get this information to their workers.

The extension also applies to health insurance companies facing similar reporting requirements. So for fully insured groups, Anthem plans to begin sending out tax form 1095-B as originally scheduled, with the goal of having all forms mailed by the end of February.

Impact on individual taxpayers

In some cases, taxpayers may not receive a Form 1095-B or Form 1095-C by the time they are ready to file their 2016 tax returns. Under these circumstances the Internal Revenue Service (IRS) will accept other forms of documentation for proof of insurance coverage including:

- Insurance cards
- Explanation of benefits
- W-2 or payroll statements reflecting insurance deductions
- Records or advance payments of the premium tax credit and other statements indicating that the taxpayer or a member of his or her family, had health coverage

Individual taxpayers will not need to send the IRS proof of health coverage. However, any documentation should be kept with other tax records.

Why reporting is required

The purpose of health law reporting is to show the IRS that affordable coverage was offered to employees. It also shows which employees and dependents are covered, and for how many months out of the year. As you know, the ACA requires all Americans to have health care coverage

or face a penalty. The IRS helps enforce this part of the law. To do so, it requires certain tax forms as proof of coverage.

The IRS can also use these forms to track who does or doesn't have coverage, what companies are or aren't offering coverage to workers, and levy penalties accordingly. These forms became mandatory with the 2015 tax year. And reporting is required in 2017 for the 2016 coverage year.

Dave Walsh Retires

Garner office celebrated Christmas with a Potluck at noon on Thursday, December 22, 2016.

There was a dual purpose for the celebration. . . Dave Walsh (2689) turned in his keys for retirement. After 24 years at Garner, 37 years total driving and over 2.6 million safe driving miles Dave has come off the road. Dave represented Garner as OTA Driver of the Year Finalist for the years 2011, 2012, 2013, 2015.

Dave was heard saying, “Between myself and my wife, everything we have we owe to Garner; and I am very grateful.”



Retiring driver Dave Walsh receives a commemorative watch from Garner President/CEO Sherri Garner Brumbaugh.

FROM THE SHOP

FROZEN BRAKES

What Freezes? The brake lining freezes to the brake drum.



Why? If you set your brakes when they're wet, and it is cold (enough) outside, they may freeze.

How do you "unfreeze" them? If you do have frozen brakes, you will have to break them loose. Most often it is the trailer brakes that freeze not the tractor. First try backing up - quite often they'll break free on their own.

If the brakes on the tractor are frozen, lock in the power divider and release the brakes. GENTLY try to back up, usually they will pop loose and release. DO NOT FORCEFULLY TRY TO MOVE THE UNIT OR DRAG THE TIRES, use a gentle rocking motion as you would if you were stuck. If the rocking motion does not work for you on the tractor then it is advised that you call for service and get help to assist you. On the tractor there would really be no safe way for you as a driver to release the brakes without assistance. In the case any of the above ideas fail call our 24x7 Breakdown line at 419-425-1550 to have assistance dispatched to you.

If the frozen brake is on the trailer, again GENTLY try to back up, usually they will pop loose and release. DO NOT FORCEFULLY TRY TO MOVE THE UNIT OR DRAG THE TIRES, use a gentle rocking motion as you would if you were stuck. If the trailer brakes do not release, set the tractor and trailer brakes, chock the wheels and release the TRAILER brakes only. Assuming you have identified the wheel that was frozen, gently hit the brake lining using a sideways motion - it should break free. You may also need to tap the slack adjuster and the drum if necessary. Although it would be best to have help in this situation, sometimes you may find yourself in a spot where there is no other alternative. In the case any of the above ideas fail call our 24x7 Breakdown line at 419-425-1550 to have assistance dispatched to you.

How do you prevent it from happening? When pulling into the truck stop after you've been driving on snowy and/or slushy roads, drive around just a bit with your foot over the brake slightly. This can help dry them out.

In the winter especially, get into the habit that every time you leave a place, you look to see that all wheels are rolling. You could have one locked up and if you don't look, you may not know.